



Healthy Ageing Paediatric to Geriatric

IGDC Pre Scientific Workshop Program

Timings		Wednesday, 11 th of March 2020 - Dubai	
Start	End	Rashidiya Ballroom A	Rashidiya Ballroom B
12:45	13:00	Registration	
13:00	14:30	<p><i>Skills in Strategies of Behavior Change Theories to Improve Nutrition Counseling Effectiveness & Patient Outcomes</i></p> <p>Dr. Habiba Ali, PhD, RD, CDE</p> <p>Associate Professor, Department Chairperson and Dietetics Program Coordinator College of Food & Agriculture, United Arab Emirates</p>	<p><i>How to Get Your Paper Published</i></p> <p>Prof. Philip Calder</p> <p>President Federation of European Nutrition Societies, United Kingdom</p>
Coffee Break			
14:30	16:00	<p><i>Ending the Dilemma of Cow Milk Protein Energy</i></p> <p>Prof. Sanaa Shaaban - Ain Shams University & President, Arab Society of Pediatric Clinical Nutrition, Egypt</p> <p>Prof. Enas Raafat - National Research Center, Head of Joint Egyptian Pediatric Nutrition Societies, Egypt</p>	<p><i>Enteral Nutrition Feeding Calculation: Practical Approach</i></p> <p>Mr. Amjad Jarrar</p> <p><i>Instructor, Department of Food, Nutrition & Health, UAE University, United Arab Emirates</i></p>
Coffee Break			
16:00	17:30	<p><i>Effect of Community Support Services in Improving Maternal & Child Health Status</i></p> <p>Ms. Nisreen Neemer</p> <p>Lactation Consultant United Arab Emirates</p>	<p><i>How to Lead – Developing the Five Core Skills of Leadership</i></p> <p>Mr. Mark Hollingsworth - MBA FInstLM</p> <p>Chief Executive <i>The Nutrition Society, United Kingdom</i></p>



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Start	End	Rashidiya Grand Ballroom
8:00	8:45	Welcome and Registration
8:45	9:00	Opening Remarks
9:00	9:40	<p>Plenary Session: Omega-3 Fatty Acids for Optimal Health Across the Life Course</p> <p>Prof. Philip Calder President</p> <p>Federation of European Nutrition Societies, United Kingdom</p>
Session 1		<i>Moderator: Prof. Liliana Stojanovska</i>
9:40	10:00	<p>Oral Tolerance: Myth or Reality!</p> <p>Prof. Joseph Haddad Professor of Pediatrics</p> <p>St. George University Hospital & University of Balamand, Lebanon</p>
10:00	10:20	<p>Healthy Kids - TBC</p> <p>Dr. Carla Habib Lecturer, Faculty of Agriculture & Food Sciences</p> <p>American University Beirut, Lebanon</p>
10:20	10:40	<p>Why Colostrum</p> <p>Prof. Wael Bahbah Associate Professor & Consultant of Pediatrics & Pediatric Clinical Nutrition, Faculty of Medicine</p> <p>Menoufia University, Egypt</p>
10:40	10:50	Discussion
10:50	12:00	<p>Opening Ceremony</p> <p>H.E. Sheikh Nahayan Mubarak Al Nahayan <i>Minister of Tolerance</i></p>
12:00	13:00	Lunch Break Prayer Time



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Session 2		<i>Moderator: Dr. Zakariya Al Salam</i>	
13:00	13:20	<p>The Atopic March: is Preventable?</p> <p>Prof. Joseph Haddad Professor of Pediatrics St. George University Hospital & University of Balamand, Lebanon</p>	<p>Age-Reversing Bio-Nutraceuticals & Exercise Approaches: From Molecules to Lifestyle</p> <p>Prof. Ahmad Alkhatib Professor of Health Nutrition and Sport Science University of Taipei, Taiwan</p>
13:20	13:40	<p>Failure to Thrive: The Clinical Tips!</p> <p>Dr. Eslam El-Baroudy Consultant, Pediatric Department Sheikh Khalifa Medical City (SKMC), United Arab Emirates</p>	<p>Women's Health: Managing Menopause Without Medicine Incorporating Nutrition</p> <p>Prof. Liliana Stojanovska Professor, Department of Food, Nutrition & Health, UAE University, United Arab Emirates</p>
13:40	14:00	<p>Nutrition and Immunity, Two Faces of One Coin</p> <p>Prof. Enas Raafat Prof. of Pediatric National Research Center, Head of Joint Egyptian Pediatric Nutrition Societies, Egypt</p>	<p>Effects of Exercise on Ad Libitum Food Intake</p> <p>Ms. Wafaa Helmi Ayesh Consultant, Clinical Nutrition Department Dubai Health Authority, United Arab Emirates</p>
14:00	14:10	Discussion	Discussion
Session 3		<i>Moderator: Dr. Osama Al Lala</i>	
14:10	14:30	<p>Exclusive Breastfeeding & Complementary Feeding Knowledge, Attitude and Practices (KAP) and its Determinants in Dubai & Sharjah</p> <p>Dr. Haleema Al Sabbah Chair of Health Sciences Department, College of Natural & Health Sciences Zayed University, United Arab Emirates</p>	<p>Body Composition Profiling and Health Risk</p> <p>Dr. Carine Platat Associate Professor Department of Food, Nutrition and Health College of Food & Agriculture, United Arab Emirates</p>
14:30	14:50	<p>Nutritional Management of Infants and Children with Chronic Liver Disease</p> <p>Dr. Yaser Rashed Consultant Pediatric Hepatology, Gastroenterology & Nutrition, Al Qassimi Women & Children Hospital, United Arab Emirates</p>	<p>Oxylipins and Polycystic Kidney Disease.</p> <p>Dr. Naser Ibrahim Assistant Professor Department of Food, Nutrition and Health College of Food & Agriculture, United Arab Emirates</p>
14:50	15:10	<p>Dietary Management for Newborn Diagnosis of Classical Galactosemia</p> <p>Ms. Masooma Al Jasmi Head of Clinical Nutrition Dept. & Senior Clinical Dietitian Al Jalila Hospital, United Arab Emirates</p>	<p>The Importance of the Body Composition Analyses & How to Read the Results in Treating your Patients</p> <p>Ms. Razan Swaiyhat Dietitian & Wellness Consultant Euro Arabian Medical Center, United Arab Emirates</p>
15:10	15:20	Discussion	Discussion



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15:20	15:30	Coffee Break	
Session 4		<i>Moderator: Prof. Enas Raafat</i>	<i>Moderator: Dr. Ayesha Al Dhaheer</i>
15:30	15:50	Metabolic Syndrome in Children and their Relationship to Diseases Fat Belly ... Time Bomb Dr. Osama Kamel Ali Al Alla Sports Health Specialist, Sports Abu Dhabi Council, United Arab Emirates	Nutritional Status and Dietary Practices of Infants and Young Children: Findings of the FITS Study in the United Arab Emirates Speaker - TBA Affiliation - TBA
15:50	16:10	Nutrition and Metabolic Health Dr. Jagmeet Madan National President - Indian Dietetic Association, Professor, Depart. of Food Nutrition and Dietetics, Sir Vithaldas Thackersey College of Home Science (Autonomous), SNDT Women's University, Juhu, India	
16:10	16:30	Nutrition and Autism Ms. Ayda Al Bloushi Senior Community Nutritionist, United Arab Emirates	
16:30	16:50	Oral Poster Session: Understanding Constraints to Sport Participation for Adolescent Girls Ms. Caroline Barakat Associate Professor, Ontario Tech University, Canada	
16:50	17:00	Discussion	Discussion
Session 5		<i>Moderator: Prof. Tareq Osaili</i>	<i>Moderator: Ms. Masooma Al Jasmi</i>
17:00	17:20	Foods and Nutrient Intakes from School Canteens and Markets nearby Schools and its Proportion from Total Daily Intakes among Students Aged 14-18 Years in Amman Prof. Hamed Takruri Professor of Human Nutrition, University of Jordan, Jordan	Side-Effects of Enteral Nutrition on Childhood Cancer Dr. Hanan Rasheed Almutairi Sr. Clinical Dietitian, King Faisal Specialist Hospital and Research Center, Kingdom of Saudi Arabia
17:20	17:40	The Association Between Frequency of Family Meals and Nutritional Status of Adolescent Girls in Saudi Arabia Prof. Hala Al-Otaibi Vice Dean, College of Agriculture and Food Sciences, Kingdom of Saudi Arabia	Determination of Total Dietary Fiber in 12 Date Varieties Using Enzymatic and Non-Enzymatic Methods Heba Mazen Abotouk Department of Food, Nutrition and Health College of Food & Agriculture, United Arab Emirates
17:40	17:45	Discussion	Discussion



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8:15	8:40	Welcome Reception and Registration	
8:40	9:20	Plenary Session: National Nutrition Guidelines Ms. Latefa Rashed Head of Nutrition Department Ministry of Health, United Arab Emirates	
Session 6		<i>Moderator: Dr. Wael Bahbah</i>	
9:20	9:40	Prebiotics / Probiotics & Immune Regulation in Early Life Prof. Sanaa Youssef Shaaban Ain Shams University and President, Arab Society of Pediatric Clinical Nutrition, Egypt	
9:40	10:00	Common Nutritional Practices that Need to be Changed in the NICU Dr. Zakariya Al Salam Consultant Neonatologist Dammam, Kingdom of Saudi Arabia	
10:00	10:20	Vitamin D Deficiency in Neonates Dr. Mahmoud Elhalik Consultant Neonatologist & Head of Neonatal Intensive Care Unit (NICU), Latifa Women & Children Hospital Dubai Health Authority, United Arab Emirates	
10:20	10:30	Discussion	
10:30	11:00	Coffee Break	
Start	End	Rashidiya Ballroom A	Rashidiya Ballroom B
Session 7		<i>Moderator: Mr. Amjad Jarrar</i>	<i>Moderator: Dr. Carla Habib</i>
11:00	11:20	Gut Microbiome, Probiotics and Bone Health Dr. Myriam Abboud Zayed University, United Arab Emirates	Age-Related Changes in Energy Expenditure & Energy Requirements Dr. Mario Soares Associate Professor, Public Health/Health Sciences Curtin University, Australia
11:20	11:40	The Relation Between Vitamin D and Vitamin D Receptor Genetics in Osteoporosis Among Emirati Females Dr. Fatma Al Anouti Asst. Dean of Student Affairs & Associate Professor of Biochemistry, College of Natural & Health Sciences Zayed University, United Arab Emirates	The Accuracy of Predictive Equations for Resting Energy Expenditure in Young Adults Dr. Mo'ath Bataineh Associate Professor, Dept. of Sport Rehabilitation Hashemite University, Jordan
11:40	12:00	Screening & Prevention of Osteoporosis Dr. Arwa Bustamani Senior Officer, Non-Communicable Diseases Abu Dhabi Public Health Centre, Department of Health, United Arab Emirates	Intermittent Fasting, Caloric Restriction and Healthy Aging: What the Science Says? Dr. Mo'ez Al-Islam Ezzat Associate Professor, Department of Clinical Nutrition & Dietetics, College of Health Sciences University of Sharjah, United Arab Emirates
12:00	12:10	Discussion	Discussion



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Session 8		<i>Moderator: Dr. Haleama Al Sabbah</i>	<i>Moderator: Ms. Abir Ajab</i>
13:30	13:50	<p>The Development of Food Preferences in Infants & Toddlers</p> <p>Prof. Kees de Graaf</p> <p>Professor of Sensory Science and Eating Behavior, Chairman, Division of Human Nutrition, Wageningen University, Netherland</p>	<p>Intersectoral Action for Promoting Health During the Life Course (from Pediatric to Geriatric)</p> <p>Dr. Samar ElFeky</p> <p>Technical Officer Community-Based Initiatives & Healthy Settings, Department of Healthier Population, World Health Organization, Regional Office of Eastern Mediterranean Region, Egypt</p>
13:50	14:10	<p>Parents-Caregiver Influences on Children's Eating Habits</p> <p>Ms. Muna Haway</p> <p>Deputy Director & Head of Nutrition Department Al Qassimi Women's & Children's Hospital United Arab Emirates</p>	<p>Energy Drinks & Junk Foods Consumption among School Children & Adolescents in UAE</p> <p>Ms. Aisha Al Mulla</p> <p>Dietitian – Community Nutrition Department, United Arab Emirates</p>
14:10	14:30	<p>An Overview of Nutrition Management for Bariatric Surgery</p> <p>Ms. Afra Bin Katta</p> <p>Head of Clinical Nutrition Section & Senior Specialist Clinical Dietitian, Clinical Nutrition Dept., Dubai Hospital Dubai Health Authority, United Arab Emirates</p>	<p>Healthy Food Choices to Promote Health</p> <p>Ms. Jamila Albaloushi</p> <p>Senior Officer Health Promotion Department of Health, United Arab Emirates</p>
14:30	14:40	Discussion	Discussion



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14:40	15:00	Coffee Break	
Session 9		<i>Moderator: Dr. Fatme Al Anouti</i>	<i>Moderator: Ms. Sondos Harfil</i>
15:00	15:20	<p>Mutaba'ah – Mother and Child Health Study</p> <p>Dr. Luai Ahmed Associate Professor, Institute of Public Health, College of Medicine and Health Sciences UAE University, United Arab Emirates</p>	<p>Promoting Health and Business of Date Palm Fruits</p> <p>Dr. Hiroki Wakamatsu Tokyo University, Japan</p>
15:20	15:40	<p>Gestational Weight Gain & Gestational Diabetes among Emirati and Arab Women in the United Arab Emirates: Results from the MISC Cohort</p> <p>Dr. Hadia Radwan Assistant Professor, College of Health Sciences, Clinical Nutrition & Dietetics Dept., University of Sharjah, United Arab Emirates</p>	<p>Fighting Hidden Hunger</p> <p>Prof. Wael Bahbah Associate Professor & Consultant of Pediatrics & Pediatric Clinical Nutrition, Faculty of Medicine Menoufia University, Egypt</p>
15:40	16:00	<p>Dietary Inflammatory Potential and Health Status in Young Adults</p> <p>Dr. Amita Attlee Assistant Professor, Department of Food, Nutrition & Health, UAE University, United Arab Emirates</p>	<p>Biological Age vs Physiological Age from Nutrition Prospective</p> <p>Dr. Khalid Al Madani Clinical Nutrition Consultant, Kingdom of Saudi Arabia</p>
16:00	16:20	<p>Effectiveness and Efficacy of Different Intervention Plans to Facilitate Salt Intake Reduction in a Sample of UAE</p> <p>Mr. Amjad Jarrar Instructor, Department of Food, Nutrition & Health, UAE University, United Arab Emirates</p>	<p>Plant Based Meats: A Closer Look at this Growing Trend</p> <p>Ms. Hala Tajrine Nutrition Manager, Flip Side Restaurant, United Arab Emirates</p>
16:20	16:30	Discussion	Discussion