



IGDC Scientific Workshop Program

Timings		Tuesday 16 th of March 2021
Start	End	Zoom Online Platform
14:30	15:00	Opening Remarks (Chair of the Conference) H.E. Sheikh Nahayan Mabarak Al Nahayan <i>Minister of Tolerance</i>
15:00	15:30	Plenary Session: Omega-3 Fatty Acids for Optimal Health Across the Life Course Prof. Philip Calder President Federation of European Nutrition Societies, United Kingdom
Session 1		<i>Ms. Wafaa Helmi Ayesh</i>
15:30	15:50	Oral Tolerance : Myth or Reality! Prof. Joseph Haddad Professor of Pediatrics St. George University Hospital & University of Balamand, Lebanon
15:50	16:10	Role of Public-Private Partnerships in Addressing Childhood Obesity: Evidence from the Implementation and Regional Replication of Ajyal Salima Dr. Carla Habib Lecturer, Faculty of Agriculture & Food Sciences American University Beirut, Lebanon
16:10	16:30	Why Colostrum Prof. Wael Bahbah Associate Professor & Consultant of Pediatrics & Pediatric Clinical Nutrition, Faculty of Medicine Menoufia University, Egypt
16:30	16:50	Failure to Thrive: The Clinical Tips! Dr. Eslam El-Baroudy Consultant, Pediatric Department Sheikh Khalifa Medical City (SKMC), United Arab Emirates
16:50	18:00	Exhibition Hall / Lounge / Break
Sponsored Session		
17:15	17:30	TUAT Session Dr. Hiroki Wakamatsu Affiliation



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Session 2		<i>Moderator - Dr. Amita Attlee</i>
18:00	18:20	<p>Metabolic Syndrome in Children and their Relationship to Diseases Fat Belly Dr. Osama Kamel Ali Al Alla Sports Health Specialist, Sports Abu Dhabi Council, United Arab Emirates</p>
18:20	18:40	<p>Energy Drinks & Junk Foods Consumption among School Children & Adolescents in UAE Ms. Aisha Al Mulla Dietitian - Community Nutrition Department, Tawam Hospital, United Arab Emirates</p>
18:40	19:00	<p>Effects of Exercise on Ad Libitum Food Intake Ms. Wafaa Helmi Ayesh Consultant, Clinical Nutrition Department, Dubai Health Authority, United Arab Emirates</p>
19:00	19:20	<p>Nutrition and Metabolic Health Dr. Jagmeet Madan National President - Indian Dietetic Association, Professor, Depart. of Food Nutrition and Dietetics, Sir Vithaldas Thackersey College of Home Science (Autonomous), SNDT Women's University, Juhu, India</p>
19:20	19:30	Break
Session 3		<i>Moderator - Dr. Osama Alalla</i>
19:30	19:30	<p>Nutrition and Immunity, Two Faces of One Coin Prof. Enas Raafat Prof. of Pediatric National research Center, Head of Joint Egyptian Pediatric Nutrition Societies, Egypt</p>
19:30	19:50	<p>Exclusive Breastfeeding & Complimentary Feeding Knowledge, Attitude and Practices (KAP) and its Determinants in Dubai & Sharjah Dr. Haleama Al Sabbah Associate Professor in Public Health Nutrition, Health Science Department, College of Natural & Health Sciences, Zayed University, United Arab Emirates</p>
19:50	20:10	<p>Dietary Management for Newborn Diagnosis of Classical Galactosemia Ms. Masooma Al Jasmi Head of Clinical Nutrition Dept. & Senior Clinical Dietitian Al Jalila Hospital, United Arab Emirates</p>



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Start	End	<i>Moderator - TBC</i>
14:30	15:00	Plenary: National Nutrition Guidelines Ms. Latefa Rashed Head of Nutrition Department Ministry of Health, United Arab Emirates
Session 4		<i>Moderator - TBC</i>
15:00	16:30	Introduction of speakers and panelists Presentations of the results Global FITS made local: Towards healthier children in the Middle East (NRC team) Methods and procedures of the FITS in the UAE (UAE team) Nutritional status and dietary practices of infants and young children: Results of the UAE FITS (UAE Team) Nutritional status and dietary intake of infants and young children: Results of the Lebanon FITS (UAE Team). Panelists interventions Questions and answers session
16:30	18:00	Exhibition Hall / Lounge / Break
<i>Sponsored Session</i>		
17:00	17:20	Nestle Session Speaker Affiliation
17:30	17:45	Professional Measurement of Body Composition Mrs.Stefanie Krämer Product Manager-Medical Body Composition- SECA gmbh & co. kg, Hamburg



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Session 5		<i>Moderator: Dr. Habiba Ali</i>
18:00	18:20	<p>Recovery Meal Mr. Amjad Jarrar Instructor, UAE University, United Arab Emirates</p>
18:20	18:40	<p>Body Composition Profiling and Health Risk Dr. Carine Platat Associate Professor, Department of Food, Nutrition and Health, College of Food & Agriculture, United Arab Emirates</p>
18:40	19:00	<p>The Importance of the Body Composition Analyses & How to Read the Results in Treating your Patients Ms. Razan Swaihat Dietitian & Wellness Consultant NLV Medical Center, United Arab Emirates</p>
19:00	19:10	Break
Session 6		<i>Moderator: Dr. Fatma Al Anouti</i>
19:10	19:30	<p>Prebiotics / Probiotics & Immune Regulation in Early Life Prof. Sanaa Youssef Shaaban Professor of Pediatrics, Ain Shams University and President, Arab Society of Pediatric Clinical Nutrition, Egypt</p>
19:30	19:50	<p>Common Nutritional Practices that Need to be Changed in the NICU Dr. Zakariya Al Salam Consultant Neonatologist Dammam, Kingdom of Saudi Arabia</p>
19:50	20:10	<p>Vitamin D Deficiency in Neonates Dr. Mahmoud Elhalik Consultant Neonatologist & Head of Neonatal Intensive Care Unit (NICU), Latifa Women & Children Hospital Dubai Health Authority, United Arab Emirates</p>
20:10	20:30	<p>The Development of Food Preferences in Infants & Toddlers Prof. Kees de Graaf Professor of Sensory Science and Eating Behavior, Chairman, Division of Human Nutrition, Wageningen University, Netherland</p>



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Session 7		<i>Moderator: Dr. Haleama Al Sabbah</i>
15:00	15:20	<p>Screening & Prevention of Osteoporosis Dr. Arwa Al-Modwahi Senior Officer, Non-Communicable Diseases Abu Dhabi Public Health Centre, Department of Health, United Arab Emirates</p>
15:20	15:40	<p>The Relation Between Vitamin D and Vitamin D Receptor Genetics in Osteoporosis Among Emirati Females Dr. Fatma Al Anouti SAsst. Dean of Student Affairs & Associate Professor of Biochemistry, College of Natural & Health Sciences Zayed University, United Arab Emirates</p>
15:40	16:00	<p>Biological Age vs Physiological Age from Nutrition Prospective Dr. Khalid Al Madani Clinical Nutrition Consultant, Kingdom of Saudi Arabia</p>
16:00	16:10	Break
Session 8		<i>Moderator - TBC</i>
16:10	16:30	<p>Promoting Health and Business of Date Palm Fruits Dr. Hiroki Wakamatsu Tokyo University, Japan</p>
16:30	16:50	<p>Plant Based Meats: A Closer Look at this Growing Trend Ms. Hala Tajrine Nutrition Manager, Flip Side Restaurant, United Arab Emirates</p>
16:50	17:10	<p>Cinema Theaters Snacks and Extend its Danger to Society Ms. Ayda Al Bloushi Senior Community Nutritionist, Community Nutrition Department, Tawam Hospital United Arab Emirates</p>
17:10	18:00	Exhibition Hall / Lounge / Break
<i>Sponsored Session</i>		
17:00	17:20	<p>Open Sponsor Slot Speaker Affiliation</p>
17:30	17:45	<p>Importance of Muscle and Protein Across Continuum of Care Ms. Maria Camprubi Robles Senior Scientist, Nutrition Science EMEA, Abbott Nutrition, R&D, Spain</p>



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Session 9		<i>Moderator: Dr. Carine Platat</i>
18:00	18:20	<p>An Overview of Nutrition Management for Bariatric Surgery Ms. Afra Bin Katta Head of Clinical Nutrition Section & Senior Specialist Clinical Dietitian, Clinical Nutrition Dept., Dubai Hospital Dubai Health Authority, United Arab Emirates</p>
18:20	18:40	<p>Decoding Eating Behaviors: Applications of ABCs in Patient Counseling Dr. Habiba Ali Associate Professor, UAE University, United Arab Emirates</p>
18:40	19:00	<p>Patient Centricity: How to Engage Your Patient Dr. Nader Al Adawi Professional Learning Partner, Senior Training Consultant, Certified Master Life Coach MBChB, DTCD, United Arab Emirates</p>
19:00	19:20	<p>Intersectoral Action for Promoting Health During the Life Course (from Pediatric to Geriatric) Dr. Samar ElFeky Technical Officer Community-Based Initiatives & Healthy Settings, Department of Healthier Population, World Health Organization, Regional Office of Eastern Mediterranean Region, Egypt</p>
19:20	19:30	Break
Session 10		<i>Moderator: Ms. Razan Swaiyhat</i>
19:30	19:20	<p>Mutaba'ah – Mother and Child Health Study Dr. Luai Ahmed Associate Professor, Institute of Public Health, College of Medicine and Health Sciences UAE University, United Arab Emirates</p>
19:20	19:40	<p>Parents-Caregiver Influences on Children's Eating Habits Ms. Muna Haway Deputy Director & Head of Nutrition Department Al Qassimi Women's & Children's Hospital, United Arab Emirates</p>
19:40	20:00	<p>Dietary Inflammatory Potential and Health Status in Young Adults Dr. Amita Attlee Assistant Professor, Department of Food, Nutrition & Health, UAE University, United Arab Emirates</p>



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Start	End	Zoom Online Platform
Session 11		<i>Moderator: Mr. Amjad Jarrar</i>
15:00	15:20	<p>Age-Related Changes in Energy Expenditure & Energy Requirements Dr. Mario Soares Associate Professor, Public Health/Health Sciences Curtin University, Australia</p>
15:20	15:40	<p>Age-Reversing Bio-Nutraceuticals & Exercise Approaches: From Molecules to Lifestyle Prof. Ahmad Alkhatib Professor of Health Nutrition and Sport Science University of Taipei, Taiwan</p>
15:40	16:20	<p>Obesity and the Ageing Brain: What are the Risks? Prof. Louise Dye Professor of Nutrition & Behaviour and leads the Nutrition and Behaviour Group, Human Appetite Research Unit, School of Psychology, University of Leeds, United Kingdom</p>
16:20	16:30	Break
Session 12		<i>Moderator: Ms. Sondos Harfil</i>
16:30	16:50	<p>Women's Health: Managing Menopause Without Medicine Incorporating Nutrition Prof. Liliana Stojanovska Professor, Department of Food, Nutrition & Health, UAE University, United Arab Emirates</p>
16:50	17:10	<p>Gestational Weight Gain & Gestational Diabetes among Emirati and Arab Women in the United Arab Emirates: Results from the MISC Cohort Dr. Hadia Radwan University of Sharjah</p>
17:10	17:30	<p>Intermittent Fasting, Caloric Restriction and Healthy Aging: What the Science Says? Dr. MoezAllIslam Faris Associate Professor, Department of Clinical Nutrition & Dietetics, College of Health Sciences University of Sharjah, United Arab Emirates</p>
17:30	18:00	Exhibition Hall / Lounge / Break
18:00	19:00	<p>How to Lead – Developing the Five Core Skills of Leadership Workshop Mr. Mark Hollingsworth - MBA FInstLM Chief Executive, The Nutrition Society, United Kingdom</p>
19:00	19:15	Break
19:15	20:15	<p>How to Get Your Paper Published Workshop Prof. Philip Calder Federation of European Nutrition Societies, United Kingdom</p>